



Ka Pai Kai
AOTEAROA

Nourishing the minds of future generations



Term 2 - Menu 1 - 2025

Weeks 1, 2, 7 and 8



 = cold meal

A wide range of dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Monday / Rāhina



Main: Tex-Mex beef & veg
Snack: Flatbread
Dietary Main: Vegetarian/vegan Tex-Mex
Dietary Snack: GF flatbread

Tuesday / Rātu



Main: Chicken drumstick and mash with winter veggies and cheese sauce
Snack: Brownie
Dietary Main: Veggie patties with mash, winter veggies and creamy sauce
Dietary Snack: Fruit salad

Wednesday / Rāapa



Main: Chunky tomato pasta and meatballs
Snack: Bun slider
Dietary Main: Veggie bites with vegan pasta in chunky tomato sauce
Dietary Snack: GF roll

Thursday / Rāpare

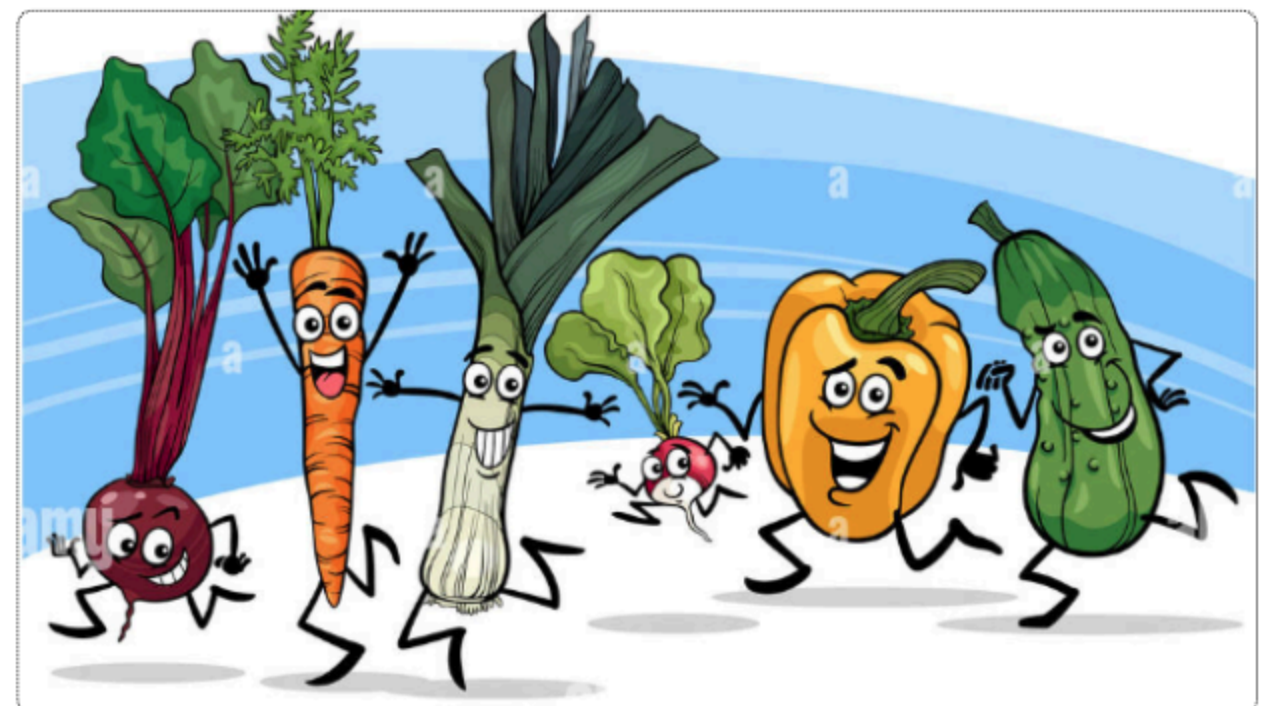


Main: Chicken tender, cheese and lettuce wrap
Dietary Main: Plant-based tender, vegan cheese and lettuce wrap
Snack: Fresh fruit

Friday / Rāmere



Main: Bacon mac 'n cheese
Snack: Cookie
Dietary Main: Creamy vegan pasta
Dietary Snack: Vegan custard





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Term 2 – Meny 2 – 2025

Weeks 3, 4, and 9

 = cold meal

A wide range of various dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Monday / Rāhina



Main: Cottage pie
Snack: Bun slider
Dietary Main: Vegetarian cottage pie
Dietary Snack: GF bread roll

Tuesday / Rātu

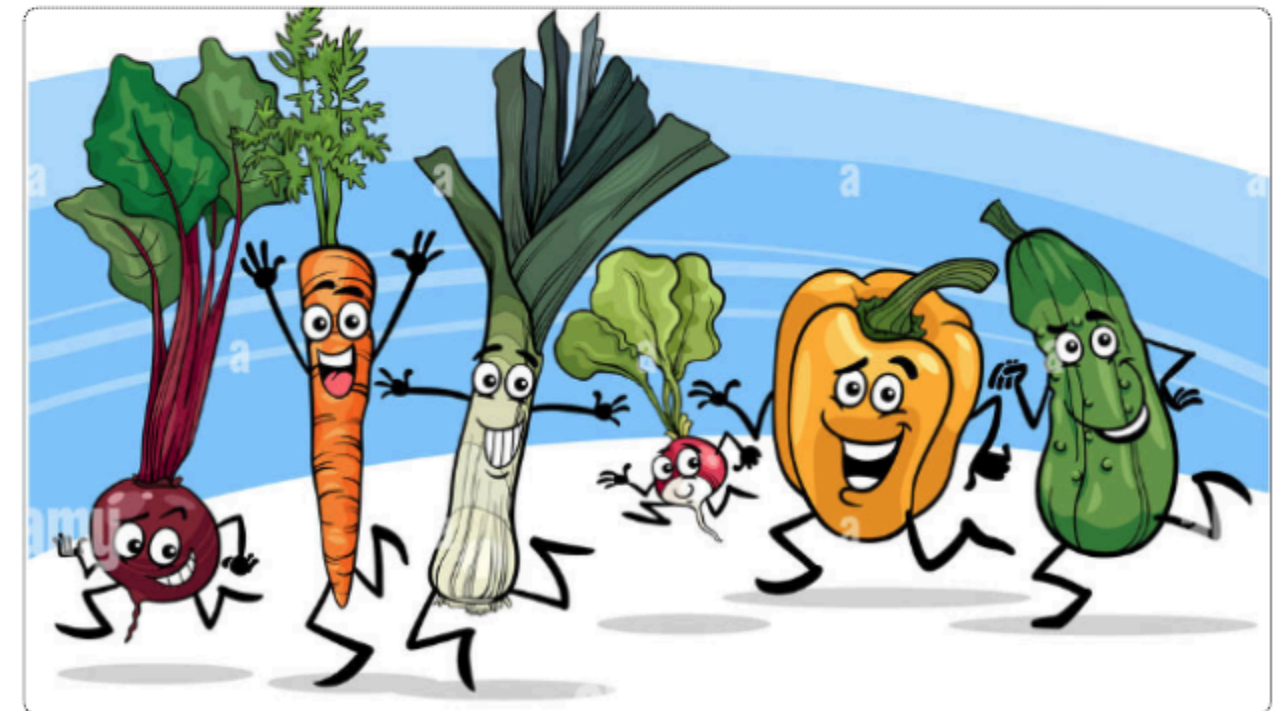


Main: Bacon mac 'n cheese
Snack: Cookie
Dietary Main: Creamy vegan pasta
Dietary Snack: Vegan custard

Wednesday / Rāapa



Main: Butter chicken with rice
Snack: Naan bread
Dietary Main: Vegetarian curry with rice
Dietary Snack: GF pita bread



Thursday / Rāpare



Main: Ham, cheese and lettuce wrap
Dietary Main: Vegetarian patties, vegan cheese and lettuce wrap
Snack: Fresh fruit

Friday / Rāmere



Main: Meatballs 'n mash with peas, corn and gravy
Snack: Banana bread
Dietary Main: Vegan bites 'n mash with peas, corn and gravy
Dietary Snack: Fruit salad




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Term 2 – Meny 3 – 2025

Weeks 5 and 6

 = cold meal

A wide range of various dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Monday / Rāhina



Main: Pasta bolognese
Snack: Bun slider
Dietary Main: Vegan tomato pasta
Snack: GF bun

Tuesday / Rātu

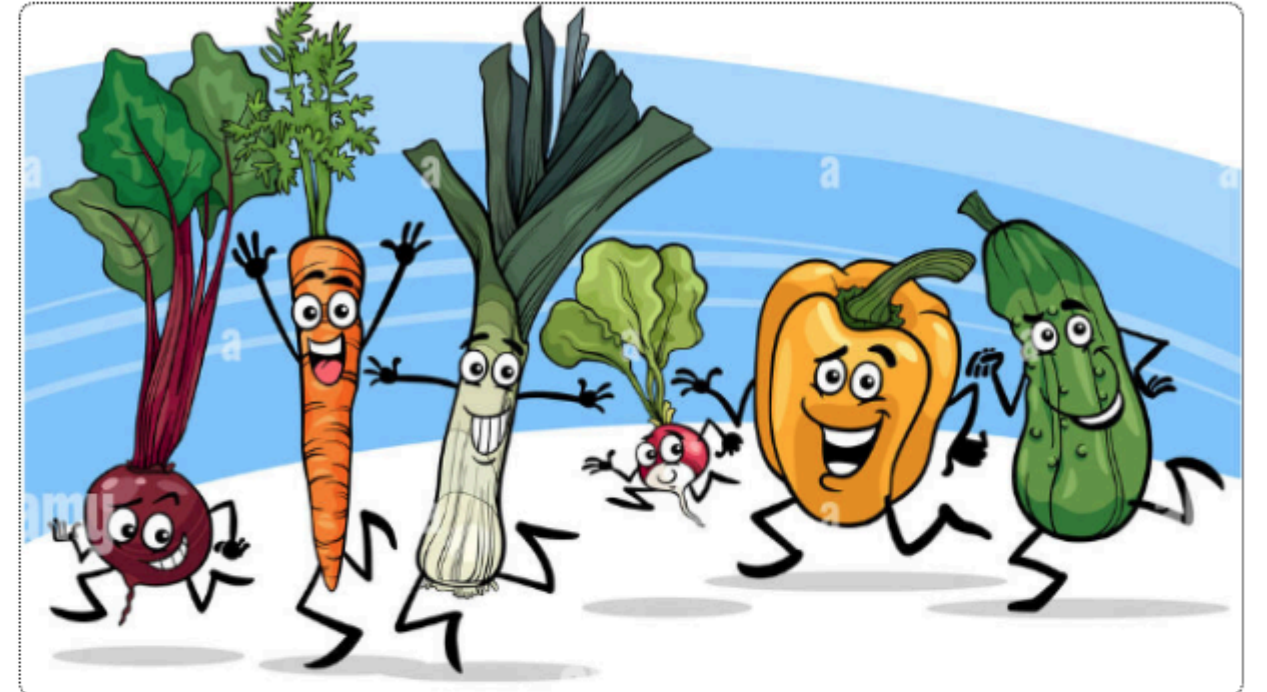


Main: Chicken tender with mash, corncob and gravy
Dietary Main: Vegan tender with mash, corncob and gravy
Snack: Fresh fruit

Wednesday / Rāapa



Main: Beef korma with rice
Snack: Naan bread
Dietary Main: Vegetarian curry with rice
Dietary Snack: GF pita bread



Thursday / Rāpare



Main: Ham and cheese sandwich with carrot sticks + dip
Snack: Yoghurt
Dietary Main: Smashed vegan patty sandwich with carrot sticks + dip
Dietary Snack: Vegan custard

Friday / Rāmere



Main: Cheesy pasta with meatballs topped with crunchy crumb
Snack: Muffin
Dietary Main: Creamy vegan pasta topped with crunchy crumb
Snack: Fruit salad