

Nourishing the minds of the future generation



Term 4 - meny 2 - 2024

Weeks 3, 4, 9 and 10

🗱 = cold meal

A wide range of various dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Menday / Rahina



Main: Beef patties, mash and veggies with cheese sauce

Dietary Main: Vegetarian patties, mash and veggies with creamy vegan sauce

Snack: Fresh fruit

tuesday / Ratu



Main: Creamy chicken and bacon spaghetti

Snack: Brownie

Dietary Main: Creamy vegan pasta

Dietary Snack: Fruit salad

Wednesday / Rāapa



Main: Crumbed chicken teriyaki donburi

Snack: Yoghurt

Dietary Main: Vegan tender teriyaki donburi

Dietary Snack: Vegan custard

thursday / Rapare



Main: Cheesy tomato pasta with meatballs

Snack: Cookie

Dietary Main: Creamy vegan tomato pasta

Dietary Snack: Fruit salad

Friday / Ramere



Main: Beef korma curry with rice

Snack: Naan bread

Dietary Main: Vegetarian korma curry with rice

Dietary Snack: GF pita bread

* tine pai Friday * 08/11/2024



Main: Ham and cheesy pasta bake

Snack: Banana bread

Dietary Main: Creamy vegan pasta with plant-based tenders

Dietary Snack: Vegan custard

