



Ka Pai Kai
AOTEAROA

Nourishing the minds of the future generation



Term 4 - Menu 1 - 2024

Weeks 1, 2, 7 and 8

 = cold meal

A wide range of dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Monday / Rāhina



Main: Savoury mince 'n tattie mash
Snack: Bun slider
Dietary Main: Savoury lentil stew 'n tattie mash
Dietary Snack: GF bun

Tuesday / Rātu



Main: Chicken tenders with bacon, potato and pumpkin salad
Dietary Main: Vegan tender and potato salad
Snack: Veggie sticks and dip

Wednesday / Rāapa



Main: Beef korma curry with rice
Snack: Naan bread
Dietary Main: Vegetarian korma curry with rice
Dietary Snack: GF pita bread

Thursday / Rāpare



Main: Sweet 'n sour chicken and noodles
Snack: Cookie
Dietary Main: Vegan-style sweet 'n sour with noodles
Dietary Snack: Fruit salad

Friday / Rāmere



Main: Bacon mac 'n cheese
Snack: Banana bread
Dietary Main: Creamy vegan pasta
Dietary Snack: Vegan custard

★ Tino pai Friday ★ 25/10/2024



Main: Satay pork with rice (peanut-free)
Snack: Naan bread
Dietary Main: Vegan satay with rice (peanut-free)
Dietary Snack: GF pita bread

